

Krista Marie Beggan

CONTEMPORARY ROMANCE AUTHOR

Krista Beggan is a contemporary romance author with a serious addiction to happily ever after, and occasional blogger about all things creative.

She likes her love stories with a twist. Her characters are shaken and stirred with just the right blend of sassy, spicy, and sweet. With a dash of suspense, a little humor and some intrigue, her work is the very best recipe to keep you wanting more!

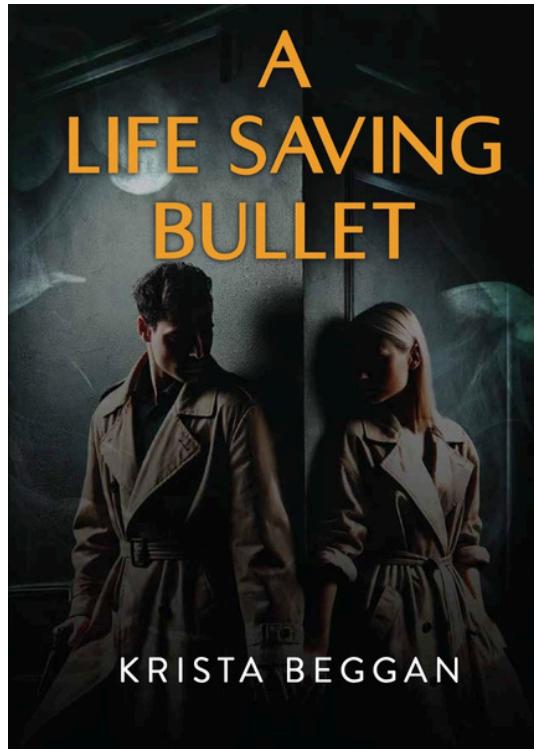
When she's not writing or reading about strong heroines sweeping heroes off their feet, recording entire conversations with characters while driving, or deleting her online search history, she's working her day job as a digital technology consultant. Krista lives in Fairfield County, Connecticut with her husband.



The Book

Secrets, lies, and intrigue follow two childhood friends turned spies who go undercover to bring the criminal responsible for the death of their best friend and brother to justice.

Available on [Amazon](#).



Excerpt from
A LIFE SAVING BULLET

Not bothering to knock, Cade flung open the door at the top of the stairs. It banged against the wall as he slapped at the light, the pressure in his lungs releasing almost immediately when he saw there was nobody else in the room. No one but Bullet, lying in her bed, thrashing and gripping the tangled sheets.

Another blood-curdling scream erupted from her throat, and the sound erased all conscious thought from his mind as he went to her. Dropping to the bed, he gripped her shoulders and pulled her up. "Bullet."

Her skin was feverish and slick with sweat. She writhed in his arms but didn't open her eyes. The lids were red and swollen and her cheeks were tinged pink.

Cade gritted his teeth, gripping her tighter. "Bullet," he tried again. No response. Even though he knew it was the single worst way to wake someone from a nightmare, he shook her. Hard. "Dammit, Sloane, wake up!"

Her eyes flew open, and blind terror twisted her features. His stomach flipped, and he shook her again, trying to get her to focus on him.

"Bullet." Her gaze darted wildly around the room, and he lifted a finger to her chin and guided it back to him. "It's okay. You're okay. Breathe, Baby, just breathe."

Sloane blinked once and then again. "Cade?"

"Yeah," he said, letting out his own breath of relief. "It's me."

"You're..." she trailed off, her forehead crinkling in confusion as she stared up at him.

"I'm here. I said I was going to stay, remember?"

"You're not..."

"Not what?" He barely had time to get the words out before she launched herself at him, the force nearly knocking him over. He balanced himself with one hand on the bed and wrapped the other around her waist, keeping them steady. "Whoa, it's okay. You're okay."

Both her arms circled his neck, and she squeezed tight, burying her face in the space between his neck and collarbone. She curled into him, the moisture from her leftover tears dampening his skin as he held her close.

Something thick and hot unfurled inside him, enveloping him as he stroked her back and grazed over her cooling skin with his fingertips. He knew what it was, could taste it on his tongue as he whispered soothing words in her ear, his lips against her hair.

Mine.

Her Work

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NOTEABLE BLOG POSTS



On Outlining

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Defining Creative Core Values

June 2024

5 Questions Creatives Should Ask Themselves

March 2024

On Editing Our Art and Ourselves

January 2024

Finding True North

May 2023



OTHER WORK

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Connecticut Chapter

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Interview

What was your inspiration for writing A Life Saving Bullet?

I write the stories I love to read and I love spy thrillers, romance and characters who make me want to stay awhile. Why not write about all three?

What did you find most challenging about writing this novel?

It was really important for me to get the shared history between my hero and heroine right, so I spent a lot of time on my flashback scenes. I also wanted to make sure the villain - Jack Doyle - was believable and that his motivations made sense. It took a few iterations of his scenes before I was satisfied, but it was worth it!

Can you describe your writing process?

I have a day job, so I've learned to be disciplined when it comes to my writing schedule. My mornings start before sunrise with yoga, and then I make a fresh cup of coffee, catch up on some reading and get to work! The two hours I get between 7am and 9am are the best part of my day.

What advice do you have for new writers?

I still feel like a new writer! 1) Learn. Learn as much as you can about the craft of writing and never stop. 2) No man is an island. Seek help and advice when you need it. 3) Listen to your gut. If something feels off about your story, it likely is. 4) Whether it feels right or not, sit in the chair and do the work. You'll figure it out.



How can I get a signed copy of your book?

Just ask me! Or visit me at a book signing event near you.

Do you write blurbs/critiques?

Not at the moment, but maybe in the future!

Can I interview you for my blog/podcast/book club?

Yes! If my schedule permits, I would love to chat about my novel and/or about writing in general. Please email me directly to set up a time.



GET IN TOUCH

Thanks for visiting! I look forward to meeting/speaking with you soon. In the meantime...

...Happy Writing!

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